



# UNIVERSITY OF NIŠ

**Course Unit Descriptor**

**Faculty**

**Faculty of Sport and Physical Education in Nis**

## GENERAL INFORMATION

Study program	Basic academic studies, physical education and sport
Study Module (if applicable)	
Course title	Water Polo
Level of study	<input checked="" type="checkbox"/> Bachelor academic <input type="checkbox"/> Bachelor professional <input type="checkbox"/> Master's <input type="checkbox"/> Doctoral
Type of course	<input type="checkbox"/> Obligatory <input checked="" type="checkbox"/> Elective
Semester	<input checked="" type="checkbox"/> Autumn <input type="checkbox"/> Spring
Year of study	Third
Number of ECTS allocated	5
Name of lecturer/lecturers	Tomislav Okičić, Ph.D, full professor; Marko Djuric, Ph.D, assistant professor
Teaching mode	<input checked="" type="checkbox"/> Lectures <input checked="" type="checkbox"/> Group tutorials <input type="checkbox"/> Individual tutorials <input type="checkbox"/> Laboratory work <input type="checkbox"/> Project work <input type="checkbox"/> Seminar <input type="checkbox"/> Distance learning <input type="checkbox"/> Blended learning <input checked="" type="checkbox"/> Other

## PURPOSE AND OVERVIEW (max. 5 sentences)

To familiarize students with the school water polo, basic techniques, tactics and physical training in water polo. To familiarize students with individual and group techniques and tactics of attack and defense in water polo. Introducing students to the individual techniques and tactics of attack and defense in water polo. Training students to independently plan and program of physical ability and athletic shape in water polo players in relation to age and sex.

## SYLLABUS (brief outline and summary of topics, max. 10 sentences)

The classification of water polo techniques. Swimming techniques, movement and throwing the ball in attack and defense in water polo. Individual, group and team tactics in attack and defense in water polo. Goal keeper in water polo, and characteristics of playing positions in water polo. Planning and programming of the sports form. Curriculum development of physical skills in water polo. Techniques Movement Centre and techniques throwing the ball center. The line of movement of players during the game. The attack, positional attack and assault with a player more. The defense and the defense of the pitch.

## LANGUAGE OF INSTRUCTION

Serbian (complete course)       English (complete course)       Other \_\_\_\_\_ (complete course)

Serbian with English mentoring       Serbian with other mentoring \_\_\_\_\_

#### ASSESSMENT METHODS AND CRITERIA

Pre exam duties	Points	Final exam	points
Theory + practicals	10	Practical examination	20
Teaching colloquia 1	20	Oral examination	20
Teaching colloquia 2	20		
Interactive teaching	10	OVERALL SUM	100

\*Final examination mark is formed in accordance with the Institutional documents