



# UNIVERSITY OF NIŠ

**Course Unit Descriptor**

**Faculty**

**Faculty of Sport and Physical Education in Nis**

## GENERAL INFORMATION

Study program	Basic academic studies, physical education and sport
Study Module (if applicable)	
Course title	Beach volleyball
Level of study	<input checked="" type="checkbox"/> Bachelor academic <input type="checkbox"/> Bachelor professional <input type="checkbox"/> Master's <input type="checkbox"/> Doctoral
Type of course	<input type="checkbox"/> Obligatory <input checked="" type="checkbox"/> Elective
Semester	<input type="checkbox"/> Autumn <input checked="" type="checkbox"/> Spring
Year of study	Fourth
Number of ECTS allocated	5
Name of lecturer/lecturers	Dragan Nejić, Ph.D, full professor
Teaching mode	<input checked="" type="checkbox"/> Lectures <input checked="" type="checkbox"/> Group tutorials <input type="checkbox"/> Individual tutorials <input type="checkbox"/> Laboratory work <input type="checkbox"/> Project work <input type="checkbox"/> Seminar <input type="checkbox"/> Distance learning <input type="checkbox"/> Blended learning <input checked="" type="checkbox"/> Other

## PURPOSE AND OVERVIEW (max. 5 sentences)

The goal of beach volleyball as a sport game is to acquire knowledge and skills as part of the study of sport and physical education, its development, methods, and fields that enable the students to apply basic means and methods of education in educational activities.

Students will be able to understand the basic principles of volleyball, to acquire theoretical knowledge and practical skills and apply them in the classroom, which is planned by certain programs, depending on the age of the students, then apply some methods to study in school and sports practice.

## SYLLABUS (brief outline and summary of topics, max. 10 sentences)

Historical development of volleyball. The theory of volleyball training, mechanics volleyball. Technique without the ball and techniques with the ball - the ball rebounding. The technique with the ball – serving, techniques with the ball - an attack, technique with the ball – block, technique with the ball lift. Serving, serve from the jump. The defense field, reception service, reception of a spike, Sorbent, sun, spindle. Methods of teaching, subject teaching methodology of volleyball. Methodology of coaching volleyball techniques. Tactics, skill base. Volleyball fitness.

## LANGUAGE OF INSTRUCTION

Serbian (complete course)       English (complete course)       Other \_\_\_\_\_ (complete course)

Serbian with English mentoring       Serbian with other mentoring \_\_\_\_\_

#### ASSESSMENT METHODS AND CRITERIA

Pre exam duties	Points	Final exam	points
Theory + practicals	10	Practical examination	10
Teaching colloquia 1 (theory)	15	Theory examination	20
Teaching colloquia 2 (practicals)	20		
Other	25		
		<b>OVERALL SUM</b>	<b>100</b>

\*Final examination mark is formed in accordance with the Institutional documents