



# UNIVERSITY OF NIŠ

**Course Unit Descriptor**

**Faculty**

**Faculty of Sport and Physical Education in Nis**

## GENERAL INFORMATION

Study program	Basic academic studies, physical education and sport
Study Module (if applicable)	
Course title	Doping and antidoping in sport
Level of study	<input checked="" type="checkbox"/> Bachelor academic <input type="checkbox"/> Bachelor professional <input type="checkbox"/> Master's <input type="checkbox"/> Doctoral
Type of course	<input type="checkbox"/> Obligatory <input checked="" type="checkbox"/> Elective
Semester	<input type="checkbox"/> Autumn <input checked="" type="checkbox"/> Spring
Year of study	First
Number of ECTS allocated	5
Name of lecturer/lecturers	Aleksandar Raković, Ph.D, full professor
Teaching mode	<input checked="" type="checkbox"/> Lectures <input checked="" type="checkbox"/> Group tutorials <input type="checkbox"/> Individual tutorials <input type="checkbox"/> Laboratory work <input type="checkbox"/> Project work <input type="checkbox"/> Seminar <input type="checkbox"/> Distance learning <input type="checkbox"/> Blended learning <input checked="" type="checkbox"/> Other

## PURPOSE AND OVERVIEW (max. 5 sentences)

To introduce students to all aspects of doping in sport, as well as methods for preventing and combating doping. Gaining knowledge of doping substances and methods, legal regulations and ethical standards related to the usage of doping, the student acquires a basis for action in the prevention of the use of doping in professional and nonprofessional sports.

## SYLLABUS (brief outline and summary of topics, max. 10 sentences)

The history of the use of doping and doping substances and doping methods. Physiological and biochemical basis for the use of doping in sport. World anti-doping code and the legal framework in the fight against the use of doping. Ethical standards in conflict prevention as well as in the fight against doping and the role of the World (WADA) and national anti-doping agency. The problem of doping in sport unprofessional. Procedure, procedures and methodologies anti-doping controls. Obligations of athletes and coaches during the procedure anti-doping controls. Notification procedures for therapeutic use exemptions (TUE). Procedures in cases belonging to the registered control group and the obligation to report locations of training and preparation. Planning training, nutrition and supplementation as an effective alternative to the use of doping in sport unprofessional.

## LANGUAGE OF INSTRUCTION

Serbian (complete course)       English (complete course)       Other \_\_\_\_\_ (complete course)

Serbian with English mentoring       Serbian with other mentoring \_\_\_\_\_

#### ASSESSMENT METHODS AND CRITERIA

Pre exam duties	Points	Final exam	points
Theory + practicals	10	Theory examination (oral or written)	40
Teaching colloquia	30		
Activity	10		
Interactive teaching	10	<b>OVERALL SUM</b>	<b>100</b>

**\*Final examination mark is formed in accordance with the Institutional documents**