



UNIVERSITY OF NIŠ

Course Unit Descriptor

Faculty

Faculty of Sport and Physical Education in Nis

GENERAL INFORMATION

| | |
|------------------------------|---|
| Study program | Basic academic studies, physical education and sport |
| Study Module (if applicable) | |
| Course title | Futsal |
| Level of study | <input checked="" type="checkbox"/> Bachelor academic <input type="checkbox"/> Bachelor professional <input type="checkbox"/> Master's <input type="checkbox"/> Doctoral |
| Type of course | <input type="checkbox"/> Obligatory <input checked="" type="checkbox"/> Elective |
| Semester | <input type="checkbox"/> Autumn <input checked="" type="checkbox"/> Spring |
| Year of study | Second |
| Number of ECTS allocated | 5 |
| Name of lecturer/lecturers | Zoran Milanović, Ph.D, associate professor |
| Teaching mode | <input checked="" type="checkbox"/> Lectures <input checked="" type="checkbox"/> Group tutorials <input type="checkbox"/> Individual tutorials <input type="checkbox"/> Laboratory work <input type="checkbox"/> Project work <input type="checkbox"/> Seminar <input type="checkbox"/> Distance learning <input type="checkbox"/> Blended learning <input checked="" type="checkbox"/> Other |

PURPOSE AND OVERVIEW (max. 5 sentences)

*Adoption of theoretical and practical knowledge of parts of futsal: technique, methodology, tactics and physical training, with special emphasis on program content required by the curriculum of primary and secondary schools.
By completing the program content, students acquire basic theoretical and practical knowledge in certain parts of Futsal, which they will directly be able to apply in practice.*

SYLLABUS (brief outline and summary of topics, max. 10 sentences)

Historical development and basic characteristics of the mini football. Technique mini football, technology developments players without the ball and the ball. Tech defense goals, basic concepts in tactics, tactics of defense, the role of keeper and tactics of football game. Kick the ball, leg and head (in the movement, in relation to the movement of the ball) defense. Receiving the ball (in the movement, in relation to the movement of the ball). Dribbling, dribbling and tricks, subtraction ball. Attack tactics, choice of tactics and methods of keeping the game, football game systems. Training in mini football, motor skills, methodological principles and methods, sensitive phase. Selection as a method of work in mini football. Objectives of the legality of football training, football training periodization, sports forma. Play along with all the rules of the game.

LANGUAGE OF INSTRUCTION

- Serbian (complete course) English (complete course) Other _____ (complete course)
- Serbian with English mentoring Serbian with other mentoring _____

ASSESSMENT METHODS AND CRITERIA

| Pre exam duties | Points | Final exam | points |
|--|---------------|--------------------|---------------|
| Activity during lectures | 10 | examination | 40 |
| Teaching colloquia 1(theory) | 20 | | |
| Teaching colloquia (practicals) | 20 | | |
| Interactive teaching | 10 | OVERALL SUM | 100 |

***Final examination mark is formed in accordance with the Institutional documents**