



# UNIVERSITY OF NIŠ

**Course Unit Descriptor**

**Faculty**

**Faculty of Sport and Physical Education**

## GENERAL INFORMATION

Study program

**Basic Academic Studies, Physical Education and Sport**

Study Module (if applicable)

Course title

Professional - pedagogical practice in physical education

Level of study

Bachelor academic  Master's  Doctoral

Type of course

Obligatory  Elective

Semester

Autumn  Spring

Year of study

Fourth

Number of ECTS allocated

6

Name of lecturer/lecturers

Nataša Branković, Ph.D, full professor

Teaching mode

Lectures  Group tutorials  Individual tutorials  
 Laboratory work  Project work  Seminar  
 Distance learning  Blended learning  Other

## PURPOSE AND OVERVIEW (max. 5 sentences)

*During practical work, students will apply professional-methodological knowledge acquired in the theoretical and practical teaching in the course of Methods of physical education teaching, creatively complement them with practical knowledge and experience gained on the practice, which contributes to the improvement of the existing competences and practical skills necessary for teaching in professional work. Students work independently devising operators in the class phases, and methodical procedures for the implementation of the teaching units.*

## SYLLABUS (brief outline and summary of topics, max. 10 sentences)

**Physical education curriculum. Program contents of the PE class period in phases - I, II, III and IV. The methodical organizational forms of work (groups forms of work: parallel work, work with additional exercises, polygon with obstacles, station form of work...) and individual form: circuit training in PE. The physiological load in the class period - the physiological curve. Measurements of the active time in the class period: the production of the diagram of motor fullness during the PE class.**

## LANGUAGE OF INSTRUCTION

Serbian (complete course)       English (complete course)       Other \_\_\_\_\_ (complete course)

Serbian with English mentoring       Serbian with other mentoring \_\_\_\_\_

#### ASSESSMENT METHODS AND CRITERIA

Pre exam duties	Points	Final exam	points
Colloquium 1 micropreparation of class: athletic	14		40
Colloquium 2 micropreparation of class: gymnastic	14		
Colloquium 3 micropreparation of class: sport games	14		
test of knowledge	18	<b>OVERALL SUM</b>	<b>100</b>

\*Final examination mark is formed in accordance with the Institutional documents