



# UNIVERSITY OF NIŠ

**Course Unit Descriptor**

**Faculty**

**Faculty of Sport and Physical Education in Nis**

## GENERAL INFORMATION

Study program

Basic academic studies, physical education and sport

Study Module (if applicable)

Course title

Sport for disabled persons

Level of study

Bachelor academic  
 Bachelor professional       Master's       Doctoral

Type of course

Obligatory       Elective

Semester

Autumn       Spring

Year of study

Second

Number of ECTS allocated

5

Name of lecturer/lecturers

Marko Aleksandrovic, Ph.D, full professor; Bojan Jorgić, Ph.D, associate professor

Teaching mode

Lectures       Group tutorials       Individual tutorials  
 Laboratory work       Project work       Seminar  
 Distance learning       Blended learning       Other

## PURPOSE AND OVERVIEW (max. 5 sentences)

Gaining basic knowledge of sports for people with disabilities with special reference to their specificity compared to conventional sports. Mastering the theoretical and practical content, students acquire basic theoretical and practical knowledge that they will be able to directly apply in practice.

## SYLLABUS (brief outline and summary of topics, max. 10 sentences)

Groups that are characterized by a special relationship with the disabled, the causes of disability. Rope technical terminology. Theory of sport disabled person and rehabilitation. Sports organizations of the disabled person. International sports competitions. Sports in the Paralympic Games. Competitive category in the sport disabled person. Rehabilitation procedures in dealing with different age groups of people with disabilities. Application exercises to overcome basic movements required for certain sports branches. Conduct training of disabled persons in various sports and disciplines.

## LANGUAGE OF INSTRUCTION

Serbian (complete course)       English (complete course)       Other \_\_\_\_\_ (complete course)  
 Serbian with English mentoring       Serbian with other mentoring \_\_\_\_\_

**ASSESSMENT METHODS AND CRITERIA**

<b>Pre exam duties</b>	<b>Points</b>	<b>Final exam</b>	<b>points</b>
<b>Theory + practicals</b>	<b>10</b>	<b>Theory examination</b>	<b>30</b>
<b>Teaching colloquia</b>	<b>30</b>		
<b>Seminar paper</b>	<b>15</b>		
<b>Interactive</b>	<b>15</b>	<b>OVERALL SUM</b>	<b>100</b>

**\*Final examination mark is formed in accordance with the Institutional documents**