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| **UNIVERSITY OF NIŠ** | | | | | | |
| **Course Unit Descriptor** | | **Faculty** | | | **Faculty of Sport and Physical Education** | |
| **GENERAL INFORMATION** | | | | | | |
| Study program | | | | **Doctoral Academic Studies, Sports Science** | | |
| Study Module (if applicable) | | | |  | | |
| Course title | | | | Anthropological research in physical education | | |
| Level of study | | | | Bachelor  Master’s  Doctoral | | |
| Type of course | | | | Obligatory  Elective | | |
| Semester | | | | Autumn Spring | | |
| Year of study | | | | First | | |
| Number of ECTS allocated | | | | 7,5 | | |
| Name of lecturer/lecturers | | | | Nataša Branković, Ph.D, full professor | | |
| Teaching mode | | | | Lectures Group tutorials  Individual tutorials  Laboratory work  Project work  Seminar  Distance learning  Blended learning  Other | | |
| **PURPOSE AND OVERVIEW (max. 5 sentences)** | | | | | | |
| *After passing the exam students will be able to independently organise scientific research and by using different research methods reveals the values of physical education. This includes the ideas design, choice of measuring instruments, data processing, interpretation of results and comparison with other studies in the field of sports science.* | | | | | | |
| **SYLLABUS (brief outline and summary of topics, max. 10 sentences)** | | | | | | |
| **New trends in physical education and the process of education. Research-methodological aspects of the effects of physical activity application in physical education. The effects of different methodical organizational forms of work on the development of morphological characteristics, motor and functional abilities in physical education teaching process. The relations between morphological characteristics,motor and functional abilities in students. The relations between motor abilities and functional abilities in students. Body composition and motor performance in school children. Quantitative differences in anthropometric characteristics and motor abilities between students athletes and nonathletes (meta – analysis). Comparative analysis of morphological characteristics and motor abilities of students. Efficiency of the programme of inclusive physical education in children with disabilities. Physical activity, fitness and body composition of primary and secondary school students.** | | | | | | |
| **LANGUAGE OF INSTRUCTION** | | | | | | |
| Serbian (complete course)  English (complete course)  Other \_\_\_\_\_\_\_\_\_\_\_\_\_ (complete course)  Serbian with English mentoring Serbian with other mentoring \_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | | | |
| **ASSESSMENT METHODS AND CRITERIA** | | | | | | |
| **Pre exam duties** | **Points** | | **Final exam** | | | **points** |
| **Activity during lectures** | **10** | | **Oral / Written examination** | | | **30** |
| **Presentation of the project** | **15** | |  | | |  |
| **Seminar paper** | **15** | |  | | |  |
| **Preparation and presentation of the project of scientific research on the topic** | **15** | |  | | |  |
| **Test** | **15** | | **OVERALL SUM** | | | **100** |
| **\*Final examination mark is formed in accordance with the Institutional documents** | | | | | | |