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|  **UNIVERSITY OF NIŠ** |
| **Course Unit Descriptor** | **Faculty**  | **Faculty of Sport and Physical Education** |
| **GENERAL INFORMATION** |
| Study program  | **Specialist Professional Studies, Sport** |
| Study Module (if applicable) |  |
| Course title | Methodics of technical, tactical and conditional preparation for the selected sport |
| Level of study | [x] Specialist professional [ ]  Master’s [ ]  Doctoral |
| Type of course | [x]  Obligatory [ ]  Elective |
| Semester  | [x]  Autumn [ ] Spring |
| Year of study  | First |
| Number of ECTS allocated | 10 |
| Name of lecturer/lecturers | The teacher selected sports |
| Teaching mode |  [x] Lectures [x] Group tutorials [ ]  Individual tutorials [ ] Laboratory work [ ]  Project work [ ]  Seminar [ ] Distance learning [ ]  Blended learning [x]  Other |
| **PURPOSE AND OVERVIEW (max. 5 sentences)** |
| *Competent students with acquired theoretical and practical knowledge become able to use it to realize research methods in sport. Students acquire ability to choose and apply adequate research methods and techniques relative to the variable and subjects sample and research needs. Students are able to design and carry out a research project, interpret the research findings and apply them in practice. Students are able to make reports in the form of a scientific-professional paper. On the basis of the profound knowledge a student is able to select and apply different training facilities, he/she is able to plan and implement condition process, to realize technical-tactical condition preparation in the chosen sport.* |
| **SYLLABUS (brief outline and summary of topics, max. 10 sentences)** |
| **Theory: Facilities used for general physical preparation, special and specific preparation in the chosen sport. Training and conditional and tactical rules. Situational application of training facilities. Anthropological analysis of the selected sport athletes’ dimensions. Structural analysis of the techniques. Modelling of the methodological approach in the chosen sport. Characteristics of different tactical systems. Practicals: Methodics of simple and complex structures of the selected sport techniques. Methodics of physical development exercises. Methodics of the tactical combinations of the chosen sport. Methodics of tehnical-tactical condition preparation in congruence with the specifics and roles in the team or on the course in the chosen sport or sports discipline.** |
| **LANGUAGE OF INSTRUCTION** |
| [x] Serbian (complete course) [x]  English (complete course) [ ]  Other \_\_\_\_\_\_\_\_\_\_\_\_\_ (complete course)[ ] Serbian with English mentoring [ ] Serbian with other mentoring \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| **ASSESSMENT METHODS AND CRITERIA** |
| **Pre exam duties** | **Points** | **Final exam** | **points** |
| **Theory** | **10** | **Oral examination** | **30** |
| **Interactive teaching** | **10** |  |  |
| **Colloquium 1** | **25** |  |  |
| **Colloquium 2** | **25** | **OVERALL SUM** | **100** |
| **\*Final examination mark is formed in accordance with the Institutional documents** |