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| **UNIVERSITY OF NIŠ** | | | | | | |
| **Course Unit Descriptor** | | **Faculty** | | | **Faculty of Philosophy** | |
| **GENERAL INFORMATION** | | | | | | |
| Study program | | | | **Psychology** | | |
| Study Module (if applicable) | | | |  | | |
| Course title | | | | Psychology of leisure | | |
| Level of study | | | | ☐Bachelor ☒ Master’s ☐ Doctoral | | |
| Type of course | | | | ☐ Obligatory☒ Elective | | |
| Semester | | | | ☒ Autumn ☐Spring | | |
| Year of study | | | | fourth | | |
| Number of ECTS allocated | | | | 4 | | |
| Name of lecturer/lecturers | | | | Bojana Dimitrijević, Milica Mitrović | | |
| Teaching mode | | | | ☒Lectures ☐Group tutorials ☐ Individual tutorials  ☐Laboratory work ☒ Project work ☐ Seminar  ☐Distance learning ☐ Blended learning ☐ Other | | |
| **PURPOSE AND OVERVIEW (max. 5 sentences)** | | | | | | |
| Introduction to the concept and theoretical approaches to leisure, its characteristics in development and gender perspective and methods of its organization. Consideration and understanding the role of mass media, sport and recreation for leisure time. Introduction to the temptations and the "disease" of leisure time. Introduction to methods for the evaluation of quality of spare time. | | | | | | |
| **SYLLABUS (brief outline and summary of topics, max. 10 sentences)** | | | | | | |
| It is expected that students after course understand the importance of leisure, the relationship between life style and various models of using leisure, to understand leisure in developmental and gender context and to apply adopted knowledge in its organization, to understand importance of (ab)use of mass media in leisure context, to prepare preventive programs in order to enhance quality of spare time and to improve its using in working with clients.  The main topics of the course are: Phenomenology of leisure time. Subject and aims of leisure time psychology. Theoretical considerations of leisure time. Leisure time in development and gender perspective. Leisure time between the creative act and the search for lost identity. Leisure and lifestyles. Organizing leisure activities. Psychological importance of the game. Pathology of the leisure time. Importance of mass media, sport and recreation for leisure time. | | | | | | |
| **LANGUAGE OF INSTRUCTION** | | | | | | |
| ☒Serbian (complete course) ☐ English (complete course) ☐ Other \_\_\_\_\_\_\_\_\_\_\_\_\_ (complete course)  ☐Serbian with English mentoring ☐Serbian with other mentoring \_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | | | |
| **ASSESSMENT METHODS AND CRITERIA** | | | | | | |
| **Pre exam duties** | **Points** | | **Final exam** | | | **points** |
| **Activity during lectures** | **10** | | **Written examination** | | | **20** |
| **Practical teaching** | **10** | | **Oral examination** | | | **30** |
| **Teaching colloquia** | **30** | | **OVERALL SUM** | | | **100** |
| **\*Final examination mark is formed in accordance with the Institutional documents** | | | | | | |