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| **UNIVERSITY OF NIŠ** | | | | | | |
| **Course Unit Descriptor** | | **Faculty** | | | **Faculty of Philosophy** | |
| **GENERAL INFORMATION** | | | | | | |
| Study program | | | | **Social Policy and Social Work** | | |
| Study Module (if applicable) | | | |  | | |
| Course title | | | | **Fundamentals in counseling** | | |
| Level of study | | | | **xBachelor** ☐ Master’s ☐ Doctoral | | |
| Type of course | | | | **x Obligatory** ☐ Elective | | |
| Semester | | | | ☐ Autumn **xSpring** | | |
| Year of study | | | | **fourth** | | |
| Number of ECTS allocated | | | | 5 | | |
| Name of lecturer/lecturers | | | | **Marina Hadži Pešić, Damjana Panić** | | |
| Teaching mode | | | | **xLectures**☐Group tutorials ☐ Individual tutorials  ☐Laboratory work ☐ Project work ☐ Seminar  ☐Distance learning ☐ Blended learning **x Other** | | |
| **PURPOSE AND OVERVIEW (max. 5 sentences)** | | | | | | |
| Introduction to the psychotherapeutic practice in institutions, indications and contraindications for counseling. Introduction to the features of counseling relationship, as well as to the counselor’s characteristics and communication skills which are important for counseling process. Learning and practice how to conduct counseling interview. Introduction to the different counseling approaches. | | | | | | |
| **SYLLABUS (brief outline and summary of topics, max. 10 sentences)** | | | | | | |
| It is expected that students after course are introduced to the basic principles of counseling and to adopt skills about conducting the first interview. It is also expected that students suggest (with the argumentation) counseling approaches that are related to the certain clients’ problems, as well as to predict possible difficulties in counseling process and possible solutions to overcome them. It is expected that students use obtained knowledge in practice on the basic level.  Main topics of the course are: Introduction lecture (what is counseling, the aims and outcomes of counseling process, phase of counseling process and ethic principles in counseling work), History of counseling and different counseling approaches and theories, First interview, Skills, methods and techniques in counseling, Basic principles of Psychodynamic counseling, Basic principles of Cognitive-Behavior and Rational-emotive behavior counseling, Behavior modification, Theory and practice of client-centered counseling (Rogers counseling), Group work (educational groups, socio therapeutic groups), Supportive counseling approaches, Couching, Counseling work with the families, Transactional analytic approach in counseling, Basic counseling skills (active and emphatic listening, I statements, Assertive communication techniques), Crisis and interventions in crisis. Practical aspects of counseling in social work. | | | | | | |
| **LANGUAGE OF INSTRUCTION** | | | | | | |
| **xSerbian** (complete course) ☐ English (complete course) ☐ Other \_\_\_\_\_\_\_\_\_\_\_\_\_ (complete course)  ☐Serbian with English mentoring ☐Serbian with other mentoring \_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | | | |
| **ASSESSMENT METHODS AND CRITERIA** | | | | | | |
| **Pre exam duties** | **Points** | | **Final exam** | | | **points** |
| **Activity during lectures** | **5** | | **Written examination** | | | **20** |
| **Practical teaching** | **15** | | **Oral examination** | | | **40** |
| **Teaching colloquia** | **20** | | **OVERALL SUM** | | | **100** |
| **\*Final examination mark is formed in accordance with the Institutional documents** | | | | | | |