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| **UNIVERSITY OF NIŠ** | | | | | | |
| **Course Unit Descriptor** | | **Faculty** | | | **Faculty of Sport and Physical Education in Nis** | |
| **GENERAL INFORMATION** | | | | | | |
| Study program | | | | Basic academic studies, physical education and sport | | |
| Study Module (if applicable) | | | |  | | |
| Course title | | | | Doping and antidoping in sport | | |
| Level of study | | | | ☒Bachelor academic  ☐Bachelor professional ☐ Master’s ☐ Doctoral | | |
| Type of course | | | | ☐ Obligatory ☒ Elective | | |
| Semester | | | | ☐ Autumn ☒Spring | | |
| Year of study | | | | First | | |
| Number of ECTS allocated | | | | 5 | | |
| Name of lecturer/lecturers | | | | Dragan Radovanović, Ph.D, full professor | | |
| Teaching mode | | | | ☒Lectures ☒Group tutorials ☐ Individual tutorials  ☐Laboratory work ☐ Project work ☐ Seminar  ☐Distance learning ☐ Blended learning ☒ Other | | |
| **PURPOSE AND OVERVIEW (max. 5 sentences)** | | | | | | |
| To introduce students to all aspects of doping in sport, as well as methods for preventing and combating doping.  Gaining knowledge of doping substances and methods, legal regulations and ethical standards related to the usage of doping, the student acquires a basis for action in the prevention of the use of doping in professional and nonprofessional sports. | | | | | | |
| **SYLLABUS (brief outline and summary of topics, max. 10 sentences)** | | | | | | |
| The history of the use of doping and doping substances and doping methods. Physiological and biochemical basis for the use of doping in sport. World anti-doping code and the legal framework in the fight against the use of doping. Ethical standards in conflict prevention as well as in the fight against doping and the role of the World (WADA) and national anti-doping agency. The problem of doping in sport unprofessional. Procedure, procedures and methodologies anti-doping controls. Obligations of athletes and coaches during the procedure anti-doping controls. Notification procedures for therapeutic use exemptions (TUE). Procedures in cases belonging to the registered control group and the obligation to report locations of training and preparation. Planning training, nutrition and supplementation as an effective alternative to the use of doping in sport unprofessional. | | | | | | |
| **LANGUAGE OF INSTRUCTION** | | | | | | |
| ☒Serbian (complete course) ☒ English (complete course) ☐ Other \_\_\_\_\_\_\_\_\_\_\_\_\_ (complete course)  ☐Serbian with English mentoring ☐Serbian with other mentoring \_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | | | |
| **ASSESSMENT METHODS AND CRITERIA** | | | | | | |
| **Pre exam duties** | **Points** | | **Final exam** | | | **points** |
| **Theory + practicals** | **10** | | Theory examination (oral or written) | | | **40** |
| **Teaching colloquia 1** | **15** | |  | | |  |
| **Teaching colloquia 2** | **15** | |  | | |  |
| Activity | **10** | |  | | |  |
| **Interactive teaching** | **10** | | **OVERALL SUM** | | | **100** |
| **\*Final examination mark is formed in accordance with the Institutional documents** | | | | | | |