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| **UNIVERSITY OF NIŠ** | | | | | | |
| **Course Unit Descriptor** | | **Faculty** | | | **Faculty of Sport and Physical Education** | |
| **GENERAL INFORMATION** | | | | | | |
| Study program | | | | **Basic Academic Studies, Physical Education and Sport** | | |
| Study Module (if applicable) | | | |  | | |
| Course title | | | | Volleyball | | |
| Level of study | | | | ☒Bachelor academic ☐ Master’s ☐ Doctoral | | |
| Type of course | | | | ☒ Obligatory ☐ Elective | | |
| Semester | | | | ☒ Autumn ☐Spring | | |
| Year of study | | | | Third | | |
| Number of ECTS allocated | | | | 6 | | |
| Name of lecturer/lecturers | | | | Dragan Nejić, Ph.D, full professor | | |
| Teaching mode | | | | ☒Lectures ☒Group tutorials ☐ Individual tutorials  ☐Laboratory work ☐ Project work ☐ Seminar  ☐Distance learning ☐ Blended learning ☒ Other | | |
| **PURPOSE AND OVERVIEW (max. 5 sentences)** | | | | | | |
| *Students will be able to understand the basic volleyball rules, to master the theoretical knowledge and practical skills and to apply them in the teaching process which is planned for specific programs, depending on the age of students, then to apply some research methods in school and sports practice.* | | | | | | |
| **SYLLABUS (brief outline and summary of topics, max. 10 sentences)** | | | | | | |
| **Basic technical elements: passing, digging, serving, spiking, blocking, defense. Application of the volleyball specific knowledge, skills and habits in 6: 6 with Libero, \*U\* in volleyball, wall volleyball, beach volleyball, mini volleyball, maxi volleyball, park volleyball, water volleyball, volleyball for the disabled and for children. Methodology of the techniques elements. Tactics and different tactical systems. Volleyball and non - volleyball loads for the development of the maximal volleyball skills. Volleyball techniques and tactics. Planning, implementation and control of the training of the techniques, tactics, mental skills, volleyball fitness, prevention of injuries, sports nutrition and competitions.** | | | | | | |
| **LANGUAGE OF INSTRUCTION** | | | | | | |
| ☒Serbian (complete course) ☒ English (complete course) ☐ Other \_\_\_\_\_\_\_\_\_\_\_\_\_ (complete course)  ☐Serbian with English mentoring ☐Serbian with other mentoring \_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | | | |
| **ASSESSMENT METHODS AND CRITERIA** | | | | | | |
| **Pre exam duties** | **Points** | | **Final exam** | | | **points** |
| **Theory** | **5** | | **Practical examination** | | | **10** |
| **Practicals** | **5** | | **Oral examination** | | | **20** |
| **Colloquium 1 (theory)** | **15** | |  | | |  |
| **Colloquium 2** | **20** | |  | | |  |
| **Seminar paper/Test** | **15** | |  | | |  |
| **Interactive teaching** | **10** | | **OVERALL SUM** | | | **100** |
| **\*Final examination mark is formed in accordance with the Institutional documents** | | | | | | |