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| **UNIVERSITY OF NIŠ** | | | | | | |
| **Course Unit Descriptor** | | **Faculty** | | | **Faculty of Sport and Physical Education** | |
| **GENERAL INFORMATION** | | | | | | |
| Study program | | | | **Basic Professional studies, Sport – distance learning** | | |
| Study Module (if applicable) | | | |  | | |
| Course title | | | | Selected sport - Theory | | |
| Level of study | | | | Bachelor professional  Master’s  Doctoral | | |
| Type of course | | | | Obligatory  Elective | | |
| Semester | | | | Autumn Spring | | |
| Year of study | | | | Third | | |
| Number of ECTS allocated | | | | 7 | | |
| Name of lecturer/lecturers | | | | The teacher selected sports | | |
| Teaching mode | | | | Lectures Group tutorials  Individual tutorials  Laboratory work  Project work  Seminar  Distance learning  Blended learning  Other | | |
| **PURPOSE AND OVERVIEW (max. 5 sentences)** | | | | | | |
| *Gaining knowledge about the specialty of the theory of chosen sport. Providing real experience of coaching and competition. Rational connection between the theory of the chosen sport to the theory and practice of other disciplines. Linking theory to practice of sports technology. Sports and sporting theory of knowledge as a basis for special application of scientific methods.* | | | | | | |
| **SYLLABUS (brief outline and summary of topics, max. 10 sentences)** | | | | | | |
| **Theory: Nature of sports activities in training and competition; entities with sports activities; professional practice of all categories of professionals; Relations of sports technology with culture and all social systems; scientific methods. The contribution of the chosen sport to the individual development of sports undertakings and social progress. Importance of sports training environment for efficiency; Social sports organizations; Validation of chosen sport. Historical development of selected sports, Orientation, Selection, Models, Modeling, Training and competition. Practicals: Independent research of sport system, of clubs, organization of training, the effects of competition. The use of information technology. The practice of scientific research and understanding of the process of forming scientific information in sport. Orientation, selection and modeling in the chosen sport. Competition rules.** | | | | | | |
| **LANGUAGE OF INSTRUCTION** | | | | | | |
| Serbian (complete course)  English (complete course)  Other \_\_\_\_\_\_\_\_\_\_\_\_\_ (complete course)  Serbian with English mentoring Serbian with other mentoring \_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | | | |
| **ASSESSMENT METHODS AND CRITERIA** | | | | | | |
| **Pre exam duties** | **Points** | | **Final exam** | | | **points** |
| **Theory and practicals active participation** | **10** | | **Oral examination** | | | **40** |
| **Colloquium 1** | **25** | |  | | |  |
| **Colloquium 2** | **25** | | **OVERALL SUM** | | | **100** |
| **\*Final examination mark is formed in accordance with the Institutional documents** | | | | | | |