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| **UNIVERSITY OF NIŠ** | | | | | | |
| **Course Unit Descriptor** | | **Faculty** | | | **Faculty of Sport and Physical Education** | |
| **GENERAL INFORMATION** | | | | | | |
| Study program | | | | **Doctoral Academic Studies, Sports Science** | | |
| Study Module (if applicable) | | | |  | | |
| Course title | | | | Anthropological research in recreation | | |
| Level of study | | | | Bachelor  Master’s  Doctoral | | |
| Type of course | | | | Obligatory  Elective | | |
| Semester | | | | Autumn Spring | | |
| Year of study | | | | First | | |
| Number of ECTS allocated | | | | 7,5 | | |
| Name of lecturer/lecturers | | | | Saša Pantelić, Ph.D, associate professor | | |
| Teaching mode | | | | Lectures Group tutorials  Individual tutorials  Laboratory work  Project work  Seminar  Distance learning  Blended learning  Other | | |
| **PURPOSE AND OVERVIEW (max. 5 sentences)** | | | | | | |
| *Mastery of specific skills related to research in recreation. After passing the exam students will be able to, by applying acquired knowledge, independently conduct scientific research, using different research methods in the field of recreation. This includes the ideas design, choice of measuring instruments, data processing, interpretation of results and comparison with other studies.* | | | | | | |
| **SYLLABUS (brief outline and summary of topics, max. 10 sentences)** | | | | | | |
| **Scientific-theoretical foundations of recreation, sports recreation programs and motivation and physical exercise. Motor abilities and physical activity. Therapeutical recreation. Research on the relations, effects and impacts of the sports and recreational programs on body composition, functional abilities and motivation. Research on the relations, effects and the influence of sports and recreational programs on motor skills, cognitive abilities and conative characteristics.** | | | | | | |
| **LANGUAGE OF INSTRUCTION** | | | | | | |
| Serbian (complete course)  English (complete course)  Other \_\_\_\_\_\_\_\_\_\_\_\_\_ (complete course)  Serbian with English mentoring Serbian with other mentoring \_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | | | |
| **ASSESSMENT METHODS AND CRITERIA** | | | | | | |
| **Pre exam duties** | **Points** | | **Final exam** | | | **points** |
| **Activity during lectures** | **10** | | **Oral / Written examination** | | | **30** |
| **Seminar paper and defense** | **15** | |  | | |  |
| **The project of scientific research work on the topic** | **15** | |  | | |  |
| **Presentation of the project of scientific research** | **15** | |  | | |  |
| **Test: Questions in the field of lectures related to research and study the basics of research work** | **15** | | **OVERALL SUM** | | | **100** |
| **\*Final examination mark is formed in accordance with the Institutional documents** | | | | | | |