|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **UNIVERSITY OF NIŠ** | | | | | | |
| **Course Unit Descriptor** | | **Faculty** | | | **Faculty of Sport and Physical Education** | |
| **GENERAL INFORMATION** | | | | | | |
| Study program | | | | **Master Academic Studies, Physical Education And Sport - distance learning** | | |
| Study Module (if applicable) | | | |  | | |
| Course title | | | | Holistic approach to adapted physical activity | | |
| Level of study | | | | ☐Bachelor ☒ Master’s ☐ Doctoral | | |
| Type of course | | | | ☒ Obligatory☐ Elective | | |
| Semester | | | | ☒ Autumn ☐Spring | | |
| Year of study | | | | First | | |
| Number of ECTS allocated | | | | 6 | | |
| Name of lecturer/lecturers | | | | Marko Aleksandrović, Ph.D, associate professor; Bojan Jorgić, Ph.D | | |
| Teaching mode | | | | ☐Lectures ☐Group tutorials ☐ Individual tutorials  ☐Laboratory work ☐ Project work ☐ Seminar  ☒Distance learning ☐ Blended learning ☐ Other | | |
| **PURPOSE AND OVERVIEW (max. 5 sentences)** | | | | | | |
| *After successful completion of the course students will be able to: take into account the social and physical differences and carry out sensitisation of the participants in the organizational forms of physical exercise; create programs in organizational forms of adapted physical exercise: implement inclusion in organizational forms of physical exercise; evaluate participants in adapted physical exercise.* | | | | | | |
| **SYLLABUS (brief outline and summary of topics, max. 10 sentences)** | | | | | | |
| **The course starts with the definition and classification of disabilities and diseases. There will be explained the impact and risks of physical activity in people with chronic illnesses and disabilities. Psychosocial basis of disability as well as pedagogical approaches to children with disabilities will be explained. Legal frameworks and conventions of people with disabilities will be explained. In the fore of the course the organization of adaptive physical exercising will be explained such sports programs and elementary games in adaptive physical exercising. To recognize optimal technics, biomechanical features of sports techniques in Paralympic sports will be explained. At the very end of the course, characteristics of the physical activity of people with physical disabilities, sensory disabilities, intellectual disabilities and hearing impairments.** | | | | | | |
| **LANGUAGE OF INSTRUCTION** | | | | | | |
| ☒Serbian (complete course) ☒ English (complete course) ☐ Other \_\_\_\_\_\_\_\_\_\_\_\_\_ (complete course)  ☐Serbian with English mentoring ☐Serbian with other mentoring \_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | | | |
| **ASSESSMENT METHODS AND CRITERIA** | | | | | | |
| **Pre exam duties** | **Points** | | **Final exam** | | | **points** |
| **Theory** | **5** | | **Theory examination** | | | **30** |
| **Practicals** | **5** | |  | | |  |
| **Seminar paper** | **10** | |  | | |  |
| **Colloquium** | **40** | |  | | |  |
| **Interactive teaching** | **10** | | **OVERALL SUM** | | | **100** |
| **\*Final examination mark is formed in accordance with the Institutional documents** | | | | | | |