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| **UNIVERSITY OF NIŠ** | | | | | | |
| **Course Unit Descriptor** | | **Faculty** | | | **Faculty of Sport and Physical Education** | |
| **GENERAL INFORMATION** | | | | | | |
| Study program | | | | **Master Academic Studies, Physical Education And Sport - distance learning** | | |
| Study Module (if applicable) | | | |  | | |
| Course title | | | | Psychology of sport 2 | | |
| Level of study | | | | ☐Bachelor ☒ Master’s ☐ Doctoral | | |
| Type of course | | | | ☐ Obligatory☒ Elective | | |
| Semester | | | | ☒ Autumn ☐Spring | | |
| Year of study | | | | First | | |
| Number of ECTS allocated | | | | 6 | | |
| Name of lecturer/lecturers | | | | Aleksandar Milojević, Ph.D, full professor; Petar Mitić, Ph.D | | |
| Teaching mode | | | | ☐Lectures ☐Group tutorials ☐ Individual tutorials  ☐Laboratory work ☐ Project work ☐ Seminar  ☒Distance learning ☐ Blended learning ☐ Other | | |
| **PURPOSE AND OVERVIEW (max. 5 sentences)** | | | | | | |
| *A student who successfully completes the course program will be able to use basic methods of research in sports psychology. Student will be able to apply the basic mechanisms for efficient motor learning, to understand the mechanisms and problems in the development and character formation of young people. Students will be able to deal with orientation and selection of young athletes, as well as their psychological preparation.* | | | | | | |
| **SYLLABUS (brief outline and summary of topics, max. 10 sentences)** | | | | | | |
| **Personalities and sports. Cognitive and conative factors and sports disciplines. Motor dimensions, Motor learning. Frustrations and conflicts. Psychology of sports clubs, The concept and characteristics of the sports clubs, The dynamics of behavior in sport clubs. Competition, Training. The psychological aspects of sports training. Psychological preparation of the elite athletes, Stress in sport, The pre-start condition, Fatigue. Doping and sport. Marketing in sport.** | | | | | | |
| **LANGUAGE OF INSTRUCTION** | | | | | | |
| ☒Serbian (complete course) ☒ English (complete course) ☐ Other \_\_\_\_\_\_\_\_\_\_\_\_\_ (complete course)  ☐Serbian with English mentoring ☐Serbian with other mentoring \_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | | | |
| **ASSESSMENT METHODS AND CRITERIA** | | | | | | |
| **Pre exam duties** | **Points** | | **Final exam** | | | **points** |
| **Theory** | **5** | | **Oral examination** | | | **40** |
| **Practicals** | **5** | |  | | |  |
| **Colloquium** | **20** | |  | | |  |
| **Seminar paper** | **20** | |  | | |  |
| **Interactive teaching** | **10** | | **OVERALL SUM** | | | **100** |
| **\*Final examination mark is formed in accordance with the Institutional documents** | | | | | | |